ENERGY CLINIC RELAXING IN LUXURY



SPA MENU

ENERGY CLINIC PRODUCTS

Energy Clinic products are produced from premium quality ingredients of organic or natural origin and plant extracts known for their exceptional therapeutic qualities. All products are manufactured in Croatia, in cooperation with the most renowned experts in the field of pharmaceutics. The guiding principle in designing the product was to offer customers products with highest quality ingredients that help maintain the natural skin elasticity and restore energy balance.

Please consult Energy Clinic beautician in order to find proper treatment and product for your age and skin type.

HYDRA LOGIC FABULOUS FACIALS

Anti-Fatigue Espresso

40 min / 384,26 kn / 51,00 eur Perfect and quick facial treatment for tired, grey and uneven skin with large pores.

Signature Hydrating • POPULAR

60 min / 670,57 kn / 89,00 eur Facial treatment specially designed for all skin types and deep hydration.

Anti-Age Strategy

75 min / 836,33 kn / 111,00 eur

Anti-age Strategy uses EC hyaluronan products and massage technique designed to slow down the ageing process, to refresh the skin and to reduce wrinkles. In combination with the anti-age face mask, your skin will be completely renewed.

Hydra-Man

50 min / 632,90 kn / 84,00 eur Facial treatment specifically designed for male skin, refines the complexion and nourishes the skin while at the same fighting against the signs of ageing.

Energy Clinic Mask -- min / 67,81 kn / 9,00 eur

FIT FIGURE BODY CARE

Fit Figure Body Polish

25 min / 293,85 kn / 39,00 eur

A refreshing aromatic body polish making the skin velvety smooth and soft due to the balanced combination of medicinal sea salt and aromatic oils nourishing the skin.

Fit Figure Body Wrap

45 min / 369,19 kn / 49,00 eur

Applying Fit Figure Serum and wrapping the body in foil reduces cellulite, improves the appearance of the skin and stimulates intensive withdrawal of water and residual toxins from the body.

Fit Figure Body Shape • POPULAR

70 min / 745,92 kn / 99,00 eur

The fantastic new detox & slim ritual starts with a quick and energetic body brushing stimulating the circulation. It is followed by the application of an original Fit Figure serum with a warming effect, penetrating in the deeper layers of epidermis. The treatment ends with a connective tissue massage which restores the skin's glow.

Islands in The Stream • POPULAR

75 min / 783,59 kn / 104,00 eur

The treatment starts with a vigorous aromatic polish followed by a 45-minute soothing massage with lavender oil and ends with alternating hot and cold compresses stimulating circulation and energy flow through the meridians of your entire body, relieving you of accumulated stress.

REJUVENATING MASSAGES

Fine Spine (back and neck massage)

25 min / 369,19 kn / 49,00 eur A combination of techniques is used to ease and soothe muscle tension in your back, neck and shoulders.

Relaxing Foot Massage

25 min / 354,12 kn / 47,00 eur

Natural healing massage stimulating the reflex points of your feet, improving circulation and stimulating the body to restore its natural balance. It is ideal for healing stress-related discomforts such as headaches, insomnia, fatigue and similar discomforts.

Face & Scalp Aromatic Massage

25 min / 354,12 kn / 47,00 eur

Indulge yourself with this exceptionally soothing massage that stimulates lymphatic drainage, opens pores and enables the skin to breathe, while mild stimulation of acupressure points releases tension in the head, neck and shoulders.

Anti-Stress Back and Leg Therapy • POPULAR

45 min / 519,88 kn / 69,00 eur

Indulge yourself with this exceptionally soothing massage that stimulates lymphatic drainage, opens pores and enables the skin to breathe, while mild stimulation of acupressure points releases tension in the head, neck and shoulders.

Cellulite Free Girl

45 min / 572,62 kn / 76,00 eur

Intensive, toxin-releasing treatment that speeds up the releasing processes and mobilizes the accumulated fat cells in all critical zones. It rebalances the water in the body and stimulates microcirculation. Skin tonus, smoothness and healthy glow are restored.

De-stress Pregnancy Massage

45 min / 512,35 kn / 68,00 eur

Massage ideal for the special needs of pregnant women. The therapy massage improves the muscle function, circulation and the tonus of the skin.

REJUVENATING MASSAGES

Energy Clinic Classical Massage

50 min / 534,95 kn / 71,00 eur

This massage is stimulating the body, the vascular system and the lymphatic system by combining five main movements directed towards the heart. It is an ideal massage for improving circulation, eliminating toxins, releasing tension and for deep relaxation.

Deep Tissue Back & Leg Therapy

50 min / 632,90 kn / 84,00 eur

Recover fast after a strenuous workout or sports activities and help your body to eliminate metabolites, toxins and lactic acid. This intensive massage will speed up the muscle's recovery and restore the natural balance of the body.

Relaing Warm Oil Massage • POPULAR

50 min / 595,23 kn / 79,00 eur

Massage with warm aromatic oils maintaining a fine, for the skin exceptionally comfortable temperature during the entire treatment. The oils which are used are calming and cleansing at the same time, thereby providing deep relaxation.

Hot Stone

70 min / 745,92 kn / 99,00 eur

By using heated stones as well as aromatherapy oils a very relaxing effect is achieved. The stones release heat progressively, thus stimulating deep relaxation of both body and mind.

Energy Clinic Massage with Herbal Pads (Pinda)

80 min / 934,28 kn / 124,00 eur Relaxing full body&face massage performed with warm, herbal pads (Pinda) and herbal oils. It is very relaxing and pleasant because of the scent of essential oils, and it provides deep relaxation and energy balance.

Energy Clinic Signature Massage • POPULAR

80 min / 896,61 kn / 119,00 eur

This is the most popular form of massage for deep relaxation and with a balancing effect on the body. The treatment tones the body and has a beneficial effect on ligaments and sinews as well as blood circulation, lymph flow, and nerve tracts. After the full-body massage, you will feel supple and full of energy.

BASIC TREATMENTS

MARVELOUS MANICURES

Classic Manicure

50 min / 331,52 kn / 44,00 eur Fast cleaning, shaping and repairing nails, so that they can grow healthy. If requided a natural protective coat and a single-coloured nail polish are applied on the nails.

Energy Clinic Hand Spa

75 min / 489,74 kn / 64,00 eur

A luxury hand treatment which includes a refreshing hand scrub for soft and smooth skin, manicure, nail polishing, nourishing mask with aromatic oils and a relaxing hand massage.

Nail Polish

15 min / 113,02 kn / 15,00 eur

PERFECT PEDICURES

Classic Pedicure

60 min / 369,19 kn / 49,00 eur Beautifying of toenails and feet, completed by gentle application of energizing and refreshing foot balsam. The treatment includes a single- coloured nail polish.

Detox Pedicure

70 min / 444,54 kn / 59,00 eur

Foot care in potassium permanganate solution in synergy with herbal bath having an anti-inflammatory and disinfecting effect. Beautifying of toenails and skin of the feet is completed with a detox mask at the end of the treatment.

Energy Clinic Foot Spa

90 min / 572,62 kn / 76,00 eur Specially designed luxury pedicure with special essential oils, completed with foot scrub and foot mask with medicinal herbs, foot massage, beautifying of toes and, if required, nail polishing.

Nail Polish

15 min / 113,02 kn / 15,00 eur

PACKAGES

After Plane Spa Comfort • POPULAR

80 min / 813,73 kn / 108,00 eur

We begin the treatment with an Anti- Stress Back & Leg Massage relaxing the muscles and eliminating the fatigue after a long trip. The exchange of warm and cold compresses improves circulation while Anti-Fatigue Espresso facial treatment refreshes and tightens tired skin providing it a new radiance.

Energy Clinic Aroma Cocoon

100 min / 866,47 kn / 115,00 eur

A body polish with nourishing aromatic oils and sea salt. This treatment also features a body wrap aromatherapy program for detoxification and skin rejuvenation. The ritual is concluded with a 30-minute rubbing in of aromatic oils to achieve the perfectly smooth and soft skin. Specially recommended after winter season.

Man Only

90 min / 1.047,60 kn / 139,00 eur The package includes cleansing and firming of male facial skin and a 50-minute deep tissue massage. Ideal for men leading a fast and stressful life.

Let Your Face & Body Glow • POPULAR

100 min / 971,95 kn / 129,00 EUR

The ritual begins with Fit Figure Body Shape treatment which stimulates circulation, tightens the skin and restores its radiance. For a complete experience it is followed by Anti-Fatigue Espresso facial treatment which will clear away all signs of a tired skin.

New Line 120' • LUXURY

120 min / 1.197,99 kn / 159,00 eur

The package begins with a relaxing full body massage with warm oil, relieving you from the accumulated stress. The massage is followed by an anti-age facial treatment restoring the natural skin's radiance and firmness.





Gift voucher available for purchase at ENERGY CLINIC reception desk. VAT is included

> HOTEL PARK Kralja Petra Krešimira IV 23, Makarska, Croatia

> > INTERNAL HOTEL NUMBER: 216 +385 21 608 216 park@energyclinic.com www.energyclinic.com